

SBAR WORKSHEET

Feel free to use this sample document as a guide when communicating with your interdisciplinary team. Phone calls to healthcare providers can be simplified using this useful model. This is also a great way to organize information gathered from encounters with your clients/patients.

Patient: _____

Date: ____ / ____ / ____ Time: _____ AM/PM Location: _____

Situation: State your name (“My name is...”) and what the problem is (“I’m calling about... and the problem is...”)

Background: State the pertinent history of the patient/client

Assessment: Summarize situation and background. Use your best judgment to explain what is going on with the patient/client

Recommendation: Offer a recommendation. What should happen next? Recommendations should always fall within your scope of practice (i.e. nutrition counseling for a diabetic patient)
